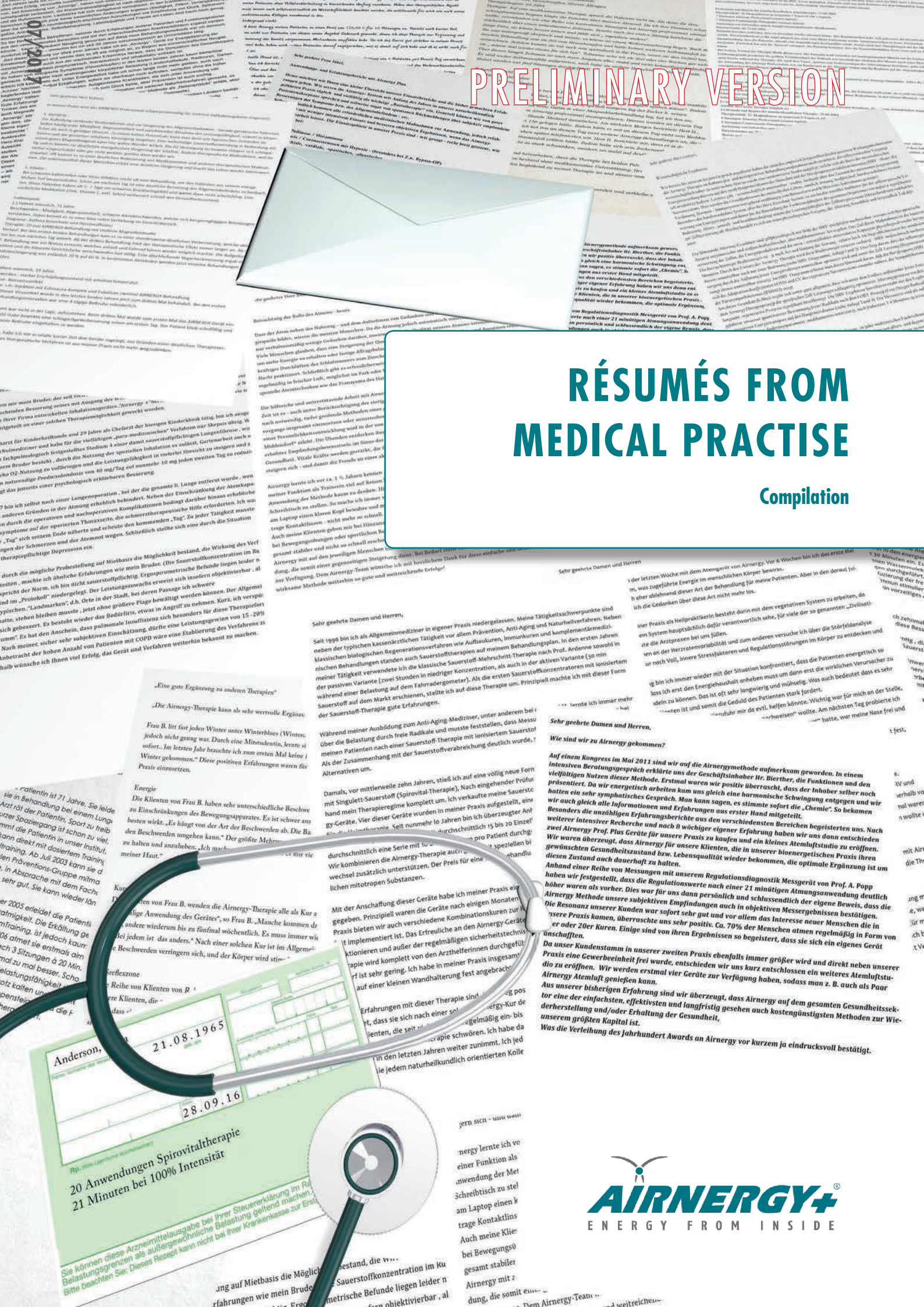


# PRELIMINARY VERSION

## RÉSUMÉS FROM MEDICAL PRACTISE

Compilation





## RÉSUMÉS FROM MEDICAL PRACTISE

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### The Airnergy Spirovital Therapy

As the world will be changing, also its terminology and valences. What was once education is now called abuse. In addition to the exclusive 'or' today the complementary 'as well as' is reassessed.

Disbalances seek balance, asymmetry, equality and integration. Whether between nations, genders or disciplines thus also in medicine. The primacy of academic medicine becomes fragile.

What was once 'quackery', now opens up possibilities for natural medicines that are integrated into an overall concept, which the classic medicine can not yet cover itself. Academic knowledge is losing control as soon as the experience of many is creating measurable and verifiable knowledge.

#### *Internist and general medicine, male, page 3:*

*During my training as an anti-aging physician ... I learned more and more about the exposure to free radicals and I had to determine measurements of oxidative stress of my patients after an oxygen therapy with ionized oxygen created increased values consistently. When the connection with the oxygen administration became clear .... I sold my oxygen concentrators and bought five Airnergy machines.*

#### *Paediatrician, male, page 11:*

*... as a specialist in pediatrics and 29 years as chief physician of the local children's clinic, I am an established orthodox medical practitioner and have just skepticism towards various 'paramedical procedures'. But if a pulmonary fibrosis with stage 4, determined by a specialist, as with my brother and oxygen is required, and the application of this special inhalation enables to carry out gardening without additional use of O2, and even to increase the performance in many ways, and to reduce the necessary dosage of prednisolone from 40 mg / day to 10 mg every other day, then this is beyond a psychological explainable improvement.*

*Whether it is pleasant or not, our century demands us to open up oneself to changes in our society and to multi-cultural communities throughout the world.*

*We hope here at Airnergy you will read these unedited medical resumes and it will provide a greater understanding of Airnergy technology and the positive results of Airnergy's Spirovital Therapy contribution to medical and alternative fields of treatments to aid their patients in a positive manner.*

### *1. Internist and general medicine, spa physician, naturopathy, sports medicine*

Since 1996 I am a general practitioner with my own practice. Apart from the typical health fund my work focuses are above all prevention, anti-aging and natural healing. In addition to classical biological regeneration procedures such as fitness cures, immune cures and complementary medical treatments even oxygen therapies were also on my treatment plan. In the first years of my activity, I used the classic oxygen-multi-step therapy according to Prof. Ardenne, both in the passive version (two hours with low concentration) and the active version (30 minutes on a bicycle ergometer). When the first oxygen concentrators with ionized oxygen came onto the market, I shifted to this therapy. In principle I made good experiences with this oxygen therapy form.

While my training as an anti-aging physician, among others at the GSAAM (German Society of Anti-Aging-Medicine) I learned more and more about the exposure by free radicals and realized that measurements of oxidative stress of my patients after an oxygen therapy with ionized oxygen revealed consistently elevated levels. When the connection with the oxygen supply became clear, I looked for alternatives on the market.

At that time, ten years ago, I came across a completely new form of oxygen therapy, a therapy with singlet oxygen (spirovital therapy). After a thorough examination of this therapy form, I quickly changed my treatment regimen completely. I sold my oxygen concentrators and bought five Airnergy machines. Four of these machines I put into my practice, the fifth machine I left to my parents for home therapy. For 10 years now I have been a committed follower of this therapy. We perform an average of 15 up to 20 individual treatments with Airnergy, per week and machine with an average of 10 treatments per patient. We also like to combine Airnergy Therapy with special biological preparations that support the energy metabolism. The price for a single treatment is EUR 50.00 including these additional mitotropic substances.

With the purchase of these machines, I have given my practice an excellent additional income opportunity. In principle, the machines were already paid after a few months by the revenues! In our practice, we also offer various combination of treatments for regeneration where the Airnergy therapy is firmly implemented. The good thing about the Airnergy machines is that all machines are working perfectly for 10 years and do not require any maintenance apart from regular safety checks. The therapies can be carried out completely by the doctor's assistants and can be delegated quickly and easily. The space requirement is very small. I have got four massage chairs in my practice. On the chairs' backside a device is fixed on a small wall bracket, it makes the operation simple.

My experiences with this therapy are quite positive. Patients are told repeatedly that they feel much more powerful and comfortable after such an 'Airnergy Cure'. I have many patients who have been taking a short 'cure' of up to 20 treatments a year, and swear by this therapy regularly for one or two times a year. I feel that the demand for complementary procedures has increased in recent years. I certainly do not want to miss the therapy with Airnergy anymore and I can only strongly recommend it to every naturopathic colleague.

### *2. Non-medical practitioner with own practice, state after pneumonia, performance drop, unclear genesis, state after pacemaker with performance drop*

1) Boy, age 11, he had pneumonia in the past - at that time treatment with antibiotics.

After some time he had a relapse, the mother and the boy came into the practice, he was pale, weak, the mother hoped

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him, he is not very well. She puts him on the lounge in the practice and he is breathing for 20 minutes at 50% with Airnergy. After 5 minutes, the boy gets face color again and wanted to stand up just like nothing had happened. The boy come back into the practice three more times for breathing with Airnergy he is well again.

- 2) The patient, about age 70, she comes into the practice, she is ill, doctors can not find anything, she says she feels as if she only has 20 percent of her prior abilities.  
Mrs Sch.-L. takes blood from her before breathing with Airnergy and makes a dark field analysis. She has not seen anything like this in her 10-years of professional life, because there are no healthy red blood cells she can recognize. Then she lets the woman breathe with 100% intensity for 20 minutes, afterwards some cells have already recovered considerably. She always controls the blood of her patient, even after 24 or 48 hours (independent of Airnergy). In this case the cells have recovered completely, 24 hours after breathing. Usually it is vice versa, the quality of the cells tend to decline.
- 3) In 2013, the father of her had a heart pacemaker, only 20 per cent of cardiac output, she gave him ozone / oxygen treatments regularly. Then he was breathing with Airnergy. Later he could go for a walk and had not a break after 10 minutes, it was no longer so hard for him.

### *3. Specialist in general medicine, female, rescue medicine*

I use the Spirovital therapy for two years successfully in my practice with different discomforts.

In my practice, I treat both acute and chronically ill patients with stress-related symptoms. The Spirovital therapy has proven to be particularly effective in patients suffering from burn-out and sleep disorders, and patients with chronic diseases such as fibromyalgia, diabetes mellitus, COPD and asthma. In addition, I use the therapy for preoperative preparation as well as postoperative follow-up care and with very good results.

I used the therapy individually as well as in combinations with other therapy methods (such as acupuncture). Patient compliance is very high and the feedback is positive.

I take this spirovital therapy successfully for cures/treatments with 15 sessions for prevention (e.g. an autumn-winter cure/treatment).

### *4. Naturopaths praxis, energy improvement, HRV regulation*

I would like to introduce my experiences I made with the Airnergy machine in the last week. Six weeks ago I was confronted for the very first time what supplied energy is able to do in the human body.

In the first moment, I was rather negative about this kind of treatment for my patients. But the weeks followed I could not get rid of the thoughts about this kind of treatment.

My mayor work in my practice as a naturopath is to work with the vegetative system because I recognize the disturbances in this system are mainly responsible for many of the so-called 'civilization diseases' that why the medical practices are overcrowded today.

On one hand, I am working on heart rate variability, and on the other hand, I try to detect and to correct the stress factors and regulation disorders in the body via interference field breakdown by means of electro-acupuncture.

In this context, I was confronted again with the situation that the patients are so poorly supplied with energy that I have to lift the energy balance first, in order to be able to identify and treat the real cause. This is often very laborious and long. It also means to be very expensive for the patient and thus the patience is demanded strongly.

It was clear to me that the way to the energy supply could help me. It was important for me that I wanted to 'prove' the therapy or the success by my methods. The next day I tested the Airnergy machine by myself. I had a very strong cold. Later I had "breathed" 20 minutes, my nose was clear and I felt good.

Now I was curious and made an interference field analysis by myself via Prognos and I was amazed that I had very good values. What me surprised also,

A.) I had a cold,

B.) I had a training the day before which was very stressful and

C.) in the morning I had an emergency in my practice, which also led to the exhaustion.

Motivated by this experience, I treated a patient afterwards with a rather poor HRV and the condition after a stroke. I told him to breathe with Airnergy and recorded the HRV data at the same time. Within 2 min the HRV improved so clearly that there were sections in the measurement which were completely normal. After the session, the patient felt well and he wanted to come back the next day to stabilize.

This change repeated to other patients.

After I made the interference field analysis, before breathing with Airnergy and after 20 minutes of breathing with Airnergy and the energetic state improved significantly and measurably, I realized that this was probably the therapy I was looking for.

In two days I looked at the changes with 14 patients, which evolve by the Airnergy application. The measurable changes and the subjective changes and results that the patients described were so impressive that I decided after these two days to buy the machine for my practice, supported by some patients. During these two days I have not had one patient who has not made any improvements (subjectively as well as objectively).

##### *5. Physician, Center for physical and rehabilitative medicine, allergic asthma; pollen allergy; LWS syndrome in ISG dysfunction.*

Patient report on the use of Airnergy

Patient, age 43, female

Diagonists: allergic asthma, pollen allergy, LWS syndrome with ISG dysfunction

Anamnesis: Despite a hypersensitization, the asthmatic complaints have not improved in recent years. Especially in April / May

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an increased rhinorrhoea and itching occur in the nasopharynx, asthmatic complaints on the day and at night too. With a regular antihistamines treatment the complaints were satisfactorily controllable. The patient complains the general exhaustion by the antiallergic medication.

In the period from 4 weeks, from April to May 2009, 8 sessions in total have been made with Airnergy. During the progression of therapy the patient was able to reduce the medication gradually in spite of an allergenic exposure without any symptoms of an allergic reaction occurred. The patient also generally felt much more powerful and she was much more subjective satisfied. Asthmatic attacks did not occur in this time.

### *6. Naturopath, female, Foot reflex zones, energy, cures*

"A good complement to other therapies"

"The Airnergy therapy can be considered as a very complement to other therapies."

Mrs B. suffered almost every winter from winter blues (winter depression). Light therapy was one solution but not enough for her. A fellow student made her aware of the Airnergy therapy. "It worked for me right away" .... she said .... "Last year I did not need a light therapy for the very first time and I never went through the winter so easily." These positive experiences were a reason for Mrs B. to use the Airnergy therapy in her practice.

### **Energy**

The clients of Mrs B. have very different complaints. Diseases of the respiratory system up to restrictions of the musculoskeletal system. It is difficult to tell to which complaints Airnergy are most effective. "It depends on the nature of complaints, the basic condition is strengthened to deal better with the complaints." The greatest added value for Mrs B. herself is, above all, to keep and even to raise her energy level. "I keep going because it offers to me a lot .... I feel myself more comfortable in my own skin."

### **Cures**

The clients of Mrs B. apply the Airnergy therapy as a health cure. "Every one wants to apply the machine at least ten times," said Mrs B. "Some of them three times a week for 20 minutes, the others for up to five times a week, and it has to be tested again and again what is most effective. It is different from every other client. "After such a cure, a significant improvement is generally noticeable. "The discomfort diminishes and the body is stimulated to set the restoration."

### **Foot reflex zones**

A number of R.'s clients combine the Airnergy therapy with other treatments. "I have several clients who are using the Airnergy therapy first and then have a foot reflex zone massage, and I realize that they are reacting to the foot massages faster, and they seem to be more responsive to the treatment of the feet. It is a very good complement to the other treatments I offer."

### *7. Naturopath, female, health centre*

Weakened immune system with increased susceptibility for infections

Despite a good nutrition and improved vitamin supply, a permanent or even sometimes increased susceptibility for infections can be recognised in the population. With the help of metabolism screening an increased oxidative stress in combination with an environmental impact can be observed. I used here the singlet oxygen (Airnergy) in combination with physical pollutant discharge. After only one session positive changes in the metabolism screening can be observed. I recommend 10 up to 20 sessions, depending on the subjective feeling and the result from the metabolism screening. It is advisable to use the application throughout the year prophylactically.

### *8. Naturopath, male, Improving efficiency*

What's new about the use of Airnergy? Actually nothing to get excited about and yet I am impressed like all my patients. In a sense of a 'business damage', because one of my patient is so pleased that he intends to buy the 'small wellness machine' for his home. He had a heart attack a few years ago, was increasingly suffering from memory and concentration problems and felt no longer powerful - he's feeling a significant improvement!

.... and although to other patients that extend the sessions after first treatment line.

### *9. Naturopath, male, and kinesi therapist*

#### **History:**

Patient, age 71, female. She has been suffering from a pulmonary emphysema for several years. Since 2002 she is under treatment with a lung specialist. She gets cortisone tablets and she is taking different sprays. The doctor advises her to do exercises. Because of her extreme lack of performance - even a short walk is already too much to her — initially she does not find any sporting possibility. In May 2003 the patient comes to our institute.

She can start directly with dosed training and she gets ten therapy sessions first as an individual training. In July 2003 she can - reduced at first and then largely completely participate in a normal prevention group. Two times a week, 45 minutes each. After one year, she could stop taking cortisone after consulting the specialist. According to her, she is doing very well. She takes longer walks and doing her chores again.

In November 2005, the patient suffered a setback with a severe cold and renewed shortness of breath. The cold disappeared, the shortness of breath remains. In January 2006, she started again with the training, but she is hardly robust and the shortness of breath continues.

Mid January 2006 she breathes with Airnergy for the very first time. Already after the first session she feels a relief. After 3 sessions of 20 minutes each and 3 sessions of 25 minutes each, once a week, the patient gets better from time to time.

After just 14 days, it is clear to see that breathing and exercises have improved dramatically. In spite of cold and damp weather, the

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patient is able to walk without shortness of breath, climbing stairs and doing chores much better. The patient continues the Airnergy therapy

### *10. Physician, breathing air centre*

#### **Introduction**

Respiratory support by the Airnergy therapy is able without the supply of substances that are harmful to the body and without increasing of the oxygen concentration as well as without the increase of breathing air pressure. Naturally limits imposed by the body are observed and not overcome with violence.

That's why all active powers of the body are visible and perceptible reactions while using the breathing air therapy which are stimulated by the treatment, but not forced from the outside. Due to the uniqueness of each organism with regard to its ability to adapt to life circumstances, but also by individual differences in performance, eating habits, possible drug intake and many other things, the quality of therapy can not be predicted in individual cases. However, usually the body 'response' to regulatory medicine action is always sensible.

#### **Possible therapy effects and psychophysical reactions:**

##### **Normalization of sleep rhythm**

The harmonization of autonomous control mechanisms of the vegetative nervous system intensifies recovery phases with accelerated regeneration processes and deeper relaxation.

##### **Improvement of energy balance after resting**

Due to an overall higher energy level, all regeneration processes accelerate and the morning start-up phase is significantly reduced by more effective energy exploitation.

##### **Fall asleep during the application**

Intensive relaxation by activation of the parasympathetic nervous system can lead to falling asleep during the application.

##### **Increase in secretion of airways disease**

An improved function of the mucous membrane in the airways for an easier and faster removal of dirt particles and pollutants. It can be manifested temporarily by increased sputum and a runny nose.

##### **Increasing the power of concentration**

The harmonization of the control processes of the central nervous system, in particular due to the normalization of the regulatory processes of the vegetative nervous system, leads to an improved processing of internal and external stimuli.

##### **Economization of cardiac output**

An improved cell respiration assures the energy supply already at a lower pulse rate and simplifies the work of heart and lungs.



### **Enhancement of vision**

The nutrition and removal of metabolism's end products of the ocular fundus cells are clearly improved, whereby healing processes are also stimulated and the vision strength is improved even in case of damaged structures.

### **Elimination of headache and feeling of pressure**

By the harmony of vegetative autonomous control procedures harmful tension processes of blood vessels should be avoided.

### **Normalization of blood pressure**

The ability to regulate blood pressure can return because of the harmonizing of vegetative control processes.

### **Improvement of blood flow/supply**

The restoration of blood supply due to optimized control processes is often associated with a feeling of hands and feet tingling and warming.

### **Reduction of concentration peaks of blood glucose level**

The improvement of metabolic functions is also reflected in the pancreas islet cells by increasing of remaining ability for producing insulin.

### **Increased resistance to stress**

Due to the harmonization of functions of the vegetative nervous system, the interplay of sympathetic and parasympathetic stimuli is normalized.

### **Increased physical performance**

The increased bioavailability of respiratory oxygen leads to a greater energy supply for cardiac and skeletal muscles.

### **Reduce of frequency and duration of pain**

The availability of more energy and the reduction of free radicals, repair and regeneration processes will be significantly accelerated.

### **Normalization of digestive functions**

The more intense digestion can lead to a speed up excretion of metabolic products and modification in color, smell and amount as well as frequency of urine and stool.

### **Individual responses to regulatory medication measures**

Before starting an Airnergy therapy each person has its very individual health starting point and even the reaction or response to regulatory medication treatment has to be very individually. The different response characteristics – in particular the quality of primary reaction – are usually characterized by the type of underlying disturbance. For example, in case of allergic diseases and the states of a reduced immune defense, the breathing therapy could cause an increased secretion formation. At first glance, the patients' complaints might appear subjectively worse.

In fact, the symptoms are the start of defensive and regenerative processes, thus, these are signs of active regulation processes to which

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the organism has not been able to do because of pre-existing diseases.

Therefore a beginning purification and replacement by help of the Airnergy therapy for the largest human organ, the skin, can be developed in a way that the number of impurities is increasing because of the enhanced secretion processes.

If the body is able again to resist harmful processes by the additional energy, it might be possible (in the short term) that the pain is getting worse because the endogenous defence has been activated again for combating the chronic inflammations. Defenses, repairs but also regeneration processes and stress reduction demand a lot of power. Exactly similar to the other described possible initial reactions, this effect should not be regarded as an unwanted side effect.

On the contrary, this effect is a clear indication of given priority to recharge first the body's own energy stores by the organism in order to balance deficits and then to realize healing processes with new power.

This process should be interrupted only if the initial reaction is considered too strong and extremely unpleasant. Normally, a therapy break of one up to three days is enough or a reduction of the treatment 'intensity' with simultaneous moderate continuation of therapy to control the symptoms.

Over 90% of the energy, of about 70 trillion body cells. is supplied to the organism only by breathing. With some 26,000 breaths per day, the short rise energy from each breath adds up to a huge energy boost.

### **Risks and side effects**

Almost two decades ago, the principle of respiratory support according to the Airnergy method has been proven, without any risks become to be known or side effects have occurred. The method can be used as an independent treatment concept and can also be combined with conventional medical and naturopathic treatments without any problems.

By regulatory medical processes, such as respiratory support with the energy of singlet oxygen, the organ and metabolic functions can stimulate and intensify. It helps people to help themselves. In the case of a combination of and breathing air therapy with orthodox school-medicine form - in particular with a drug therapy - a regular check of the dosage is advisable, as a reducing of the necessary drug dose is to be expected. The simultaneous application of sensible, concordant acting treatment forms, can lead to an amplification and acceleration of the action.

In any case, it is essentially corresponded to the principle of action of regulatory medication steps that the external stimuli lead to sensible physical reactions naturally. In light of multifactorial events in an organism, with the complex interplay of countless control loops, it is not surprising that a assumed small cause, such as the respiratory support, is able to give a great wealth of extraordinarily clear therapeutic effects.

### ***11. Specialist for paediatrics***

After my brother, who has been suffering from an increasing pulmonary fibrosis for many years, has told me about a surprising improvement of his condition. Towards the end of winter he was well oxygenated by using the inhalation machine developed by your company, "Airnergy", my interest has been inspired so much to use it as a therapy options as I told you on phone before.

As a specialist in pediatrics and 29 years as chief physician of the local children's clinic, I am an established orthodox medical

practitioner and have just skepticism towards various 'paramedical procedures'. But if a pulmonary fibrosis with stage 4, determined by a specialist, as with my brother and oxygen is required, and the application of this special inhalation enables to carry out gardening without additional use of O<sub>2</sub>, and even to increase the performance in many ways, and to reduce the necessary dosage of prednisolone from 40 mg / day to 10 mg every other day, then this is beyond a psychological explainable improvement.

Since 2007, I am significantly disabled in breathing (even if for different reasons) because of a lung operation I had and my entire left lung has been removed. Besides the restriction of respiratory capacity due to operative and postoperative complications there were beyond that considerable pain symptoms on the thorax side that has been operated and the pain symptoms required an effective therapeutic method. I was glad, if the day got to its end and I was afraid to the next "day".

I have to force myself doing each task because of the pain and the shortness of breath. Finally, it arrived a depression caused by the situation occurred.

Having the chance to test the effect of the procedure by myself and on a rental basis I gained the similar experiences like my brother made. (the oxygen concentration at rest corresponds to the norm, I am not depending on oxygen, unfortunately ergospirometric results are not available). These are stipulated in the 'protocol'. The increase of performance are insofar objectivable. "Landmarks", that means places in town where I used to have stopped and got a severe breathlessness, I could manage without greater efforts. The general condition has been improved. There is the need again to do something. In brief: I had guts again.

It looks as if the pulmonary insufficiency is particularly recommended for this type of therapy. According to my assessment, certainly very subjective, a performance gain of 15 - 20% should be available. Considering the high number of patients with COPD, an establishing the procedure would be desirable. That's why I wish to you much success to continue to publicize the machine and process.

## *12. Respiratory therapist, naturopath (female), communication coach and for stress management / burn-out prophylaxis*

Consideration of the role of breathing - today

The most people know the fact, that breath is the most important source of energy next to food - and the reception of thoughts and feelings. However, breathing is happened automatically and only a few people are concerned how the quality of our breathing can be intensified.

Many people believe that an increase in quantity, that means frequent deep inhalation and exhalation is enough to get more energy or to release the daily burden. Or at least a powerful aerating of the bedroom every evening will be made for the purpose of increased and improved oxygen supply at night. Finally, there is a growing group of people who regularly move in fresh air, possibly in the park or in the forest, more or less sporty, and also practice special breathing techniques like the pranayama of Hatha yoga or similar methods. So far, so good.

The helpful and supportive work with Airnergy in the "Experienced Breath" (R). In my experience, today's 'breathless' time shows the necessity to use and to strive profound methods of a holistic increase of quality of breathing air and respiration as a whole in consideration of constantly increasing mental illnesses.

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A differentiated intensification of the breath quality in the terms of a personality development is the method of the 'experienced breath' I teach according to Prof. Ilse Middendorf (R). The practitioners discover their original natural respiratory rhythm and develop an increased emotional awareness in the terms of salutogenesis, the formation and promotion of a holistic health. A lot of forces will be strengthened, self-healing powers are mobilized, life quality and joy of live increase and thus the joy of an active design of life.

I became familiar with Airnergy about 1.5 years ago. A wonderful supplement to the 'experienced breath'. As trainer I travel a lot and having a regular routine and thus a chance of using the method every day is hardly imaginable. A hint was helpful to place the machine on my desk. So, I always gather experience to use the machine at home even of long hours of work with my laptop computer to keep a clear head and to concentrate better.

Additionally, my eyes do not tire so quickly - I wear contact lenses.

I also get more and more feedback from my clients by using Airnergy that the endurance after exercises or sports activities are increasing, they sleep deeper, wake up freshly and feel more stable and not so exhausted. Especially a combination of Airnergy with individually tailored breathing exercises during the application is very effective, which is a benefit for a mutual improvement. On request, I am available for further information. I would like to thank the Airnergy team for this simple but still highly effective method and a successful future!

### *13. Physiotherapist*

For more than 20 years, the Austrian, T. M., has also been the physiotherapist to whom the AMG Mercedes DTM team is familiar with. He is particularly responsible for the fitness, performance, regeneration and well-being of the present 8 factory drivers as well as some officials. With various experience and open-minded for innovative, neuropathic and complementary medical methods he had formally made sure, that the DTM drivers at AMG Mercedes and the team members get new energy regularly by using Airnergy after his pleasant experiences and results with Airnergy during his applications at completitive sport and top management, and to count on a legal method to increase their condition, concentration and regeneration.

„After my 2 years testing with Airnergy and my practice, I am completely convinced that Airnergy is a helpful therapy for my Mercedes DTM factory drivers. We fight here for hundredths of a second and thousandths of a second and no longer for the ranking. We are doing everthing for the pilot so that his energy budget ist really right, that he is fresh and realxed, he can regenerate fast and to energize before, because we know without optimum oxygen utilization nothing will happen. I think it is very important for our success Airnergy is available to us this season.“

### *14. Specialist for general medicine, aviation medicine, chirotherapist*

Specialist (female) in General Medicine

Subject: Mrs M., age 88

The above-mentioned patient has got macular degeneration for about 6 years. The patient has been treated with several therapies during the last years. Treatment with classical pfotherapy was without success. An oxygen treatment had only moderate success.



The very stressful therapy for the patient (infusion therapy) with hard accessible veins has been stopped after half a year. Then a therapy was given in Peine. With an ophthalmologist she was treated with a kind of "soft laser". It could be a therapy success but the treatment had to be stopped because of unstable condition (decompensated heart failure, rhythm disturbances, macular therapy and because of the long journey (580 km). By the employee of Mr. G. I had been informed about a treatment with an oxygen energy therapy. The patient has carried out this therapy and she is still doing this therapy consistently and an improvement for the vision and cardiovascular system is visible. The oxygen energy treatment has been a successful therapy for the patient. Due to the very stable condition the patient is able to travel again and her quality of life has been significantly improved.

### *15. Pharmaceutical chemist*

**Case study dtd. 14th May, 2003**

**Patient:** H. Th.

**Age:** 58

**Diagnosis:**

1 Parkinson's disease

Since 1996 Parkinson's therapy with levodopa and agonists, COMT inhibitors (Entacapone) and MAO-B inhibitors (selegiline);

2. Arthritis: no therapy

3. Irritation knee after meniscus operation: phys. therap.

**Clinical picture:**

1. Specific Parkinson's disease

- Tremor, rigor, akinesia
- Dizziness
- Limited facial expressiveness with fatigue
- Dyskinesia after long-term levodopa therapy

2. Rheumatic complaints

- Arthritis pain in the right knee
- The interior meniscus was completely removed in November 2003
- knee swollen; liquid infiltration
- limited mobility

Singlet oxygen therapy

Beginn of therapy: 12th April, 2003

Equipment: Airnergy Professional Plus

Therapy procedure:

A: On weekdays:

In the morning immediately after getting up 20 minutes / 100%

In the afternoon about 6 pm 20 minutes / 100%

In the evening about 9 pm 20 minutes / 100%

B. On Sundays and public holidays:

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3 - 4 sessions of 20 minutes each / 100%

Subjective effects of singlet oxygen therapy

1. Immediately after beginning of each session a pleasant relaxation which is set up until the end of the session and a few hours later.
2. Decrease of arthrotic pain in the right knee
3. Improvement of mobility
4. Subjective well-being and more energy
5. Decrease of dizziness
6. Improvement of levodopa-induced dyskinesia
7. No complaints due to excessive therapy intensity and frequency
8. After some time, these effects diminish subjectively. Do not let yourself be fooled. The body continues to benefit from the effects of singlet oxygen, but the patient does not feel so intensely. You soon realize it very quickly during a therapy break. Then the pleasant effects are missing. Medication for Parkinson's disease has been maintained. Already after the first week of treatment, the general subjective status of the patient was significantly improved. There are other very interesting approaches. The improved oxygen supply by the singlet oxygen therapy reduces the oxidative stress and its consequences. The singlet oxygen encourage the brain's blood circulation, especially the affected extrapyramidal areas in which oxidative stress is present and could create at least a delay in the progression of Parkinson's disease. The mitochondrial energy balance is increased by better oxygen utilization. Clinical studies still have to confirm these subjective effects, that are already recognized in the approach. After a year, a positive influence on the disease of singlet oxygen therapy by the singlet oxygen can no longer be denied. The patient is psychologically balanced, and shows a surprising positive mental attitude towards the disease and its complaints. He is working and has won a scientific prize with one of his publications over the past year. He drives a bike and continues exercises. The Parkinson's disease is still present. But how would it look like without the oxygen therapy?

Darkfield microscopy of the blood before and after the singlet oxygen inhalation demonstrate amazing results after only a few minutes. The erythrocyte agglomerations partially formed by fibrin strands disappeared and left the microscopic field of a completely altered, freely movable erythrocyte population. It can be clearly seen that the agglomerated erythrocytes from the singlet oxygen therapy functionally no longer meet their function.

They can no longer enter the narrow alveolar capillaries to tie oxygen and transport it into the peripheral tissues. Moreover, the risk of thrombus formation is eliminated. For this reason, a singlet oxygen therapy is recommended to each person over age 50. A preventive anti-aging therapy should begin earlier.

In literature, a simultaneous intake of vitamin C, E and A during singlet oxygen therapy is not recommended, as the effects of singlet oxygen are alleviated. It is logical that these "oxygen quenchers" do not necessarily have to be taken during inhalation. After about an hour after the inhalation, the last excited oxygen molecule in the Airnergy machine should be "quenched", which means that it has been destroyed. You can swallow "unconcerned" radical catchers again. However, the free radical catchers should be taken in resonable quantities, because otherwise the physiological reactions in the organism, which are partly occur via radical reaction mechanisms, are disturbed. Result: one should use the beneficial, health-promoting effects of the singlet oxygen therapy, even if one is very healthy, the more in the case of illness. Give your body a chance to get "singlet oxygen", it will be credited and significantly improve the physical and mental effects. Perhaps if one or the other chronic disease will disappear after a few months or improve at least. Our body is designed for singlet oxygen. Do not let your body wait any longer, give your body what it needs for homeostasis!

### *16. Dr. rer. nat. et. phil. M w. T.*

As a scientist, I have been working for many years with natural or near-natural medical forms of treatment. Airnergy represents a breakthrough in the field of biological medicine. I am convinced that Airnergy will make an important contribution to improving health in large parts of the population.

### *17. Practice for Empirical Medicine*

Fields of application with us in practice is the breathing with Airnergy oxygen, especially before or after specific strong detoxification therapies, because free radicals which are released at once in the body are neutralized and excreted. But also in the field of headache, migraine, sleep disorders, depression, allergies, asthma, all kinds of colds and much more we do not want to miss Airnergy.

### *18. Bioenergetic practice with three locations*

How did we get to Airnergy?

At a congress in May 2011, we became aware of the Airnergy method. In an intensive consultation, the business owner Mr. Bierther, explained the functions and the manifold uses of this method. First, we were impressed that the owner itself still presents the method. As we were working energetically, we met a harmonious vibration and we had a very friendly conversation. It can be said that the 'chemistry' was right. So, we got all information and experiences from a single source. Especially the innumerable reports of experiences from different fields were very enthusiastic. After further intensive research and an 8 weeks personal experience we decided to buy two Airnergy Professional Plus machines for our practice and to open a small 'breathing air lounge'. We were convinced that Airnergy is the optimum supplement for our clients who get back their health and / or quality of life in our bioenergetic practice, in order to keep this condition. By means of a number of measurements with our regulation diagnostic device from Prof. A. Popp we realized that the regulation values after 21 min respiratory application were significantly higher than before. For us, it was finally and individual the evidence that the Airnergy method confirms our subjective feelings and our objective measurements results. The response from our customers was immediately very good, and above all the interest of new people who came to our office surprised us very positively. Approximately 70% of people breathe regularly with a season ticket of 10 or 20 courses of treatment. Some are so enthusiastic about their results that they bought their own machine.

As our number of regular clients at our second office is rising as well and freed up a commercial unit right next to our practice, we decided spontaneously to open another 'breathing air lounge'. We will have four devices first and even couples are able to enjoy the Airnergy breathing air.

From our experience so far, we are convinced that Airnergy is one of the easiest, most effective and long-term cost-effective methods to restore and / or maintain our precious health. The Award of the Centruy to Airnergy confirms it recently and impressively.

### *19. Dentist*

Experience report Airnergy

The three-month test period of the machine by myself, a healthy dentist with 70 years, it has been very beneficial.

1. less tiredness

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### 2. pleasant stress-free time for relaxation during the oxygen supply

By my point of view, the machine can serve almost every practice, including the dental office, e. g. for a follow-up treatment after chirurgurgical measures. The operation of the machine (inhalation by nasal cannula) is very simple. The introduction of this therapy supporting measures should be done by the treating physician. The patient service can be provided by any trained assistant.

The monitoring of the oxygen supply should be checked for possible hyperventilation. Also for handicapped patients, who have no possibility to exercise, are particularly suitable for the use of the machine.

### 20 Therapist

We are very satisfied with the Airnergy machine!

Patient Paula B., age 93, has got completely cured her severe dizziness in two months and improved her insomnia.

Patient Helmut W. (76 years) had severe problems with his bronchi, the discharge of tough mucus has normalized. The skin has become lighter and cleaner. His eye problems were positively influenced.

Patient Chria W. (69 years) feels generally much better and does not want to miss the device any more.

We recommend the device to all friends.

We gave the family F. the device. The success is unique. Both have improved their bronchi and the general condition.

### 21. Dental Private Clinic

An important field of use in holistic dentistry for Airnergy is the removal of old or insufficient amalgam fillings or at certain indications, such as the complete removal of intact amalgam fillings with clearly verified pain metal intoxication by mercury. The main problem in this case is the formation of a high-temperature mercury vapor as the inhaled mercury can be entered into the brain across by the nose and lung. The much vaunted rubber dam can not help in this case.

Until today, a good way to solve this problem was that the client puts on a nasal mask of the nitrous oxide device while the amalgam is removing, to regulate the nitrous oxide output to zero and thus to supply 100% oxygen via the central dosage. Hence, the intake of mercury vapor is completely prevented. A decisive disadvantage of this procedure was the supply of radical-inducing oxygen concentrations under stress conditions. Even a good chance to eliminate this problem is using Airnergy.

The patient breathes oxygen during the amalgam removal without increased oxygen concentration, which can be gained filtered away from the formation of mercury vapor and is treated according to the Airnergy method.

This results leads to benefits as following:

1. no mercury vapor intake during drilling



2. free radicals, which are generated especially under stress, are reduced
3. oxygen is demonstrably used more efficiently, healing reactions are stimulated and supported during treatment. Airnergy is also used during long surgical or prosthetic procedures.

### ***22. Dr. med. General practitioner, family doctor and specialist for nuclearmedical***

I have been using the Airnergy Professional Plus for some time now and I am positively surprised. I've already used it for different indications as well:

Most commonly I use it for diabetic angiopathies and varicose veins. I have received positive feedback from patients. Once I also had a patient with Parkinson who could report about an improvement of general condition. I also treated a tinnitus that lasted for a long time. And also with arthrosis I could already use the machine. I treat 2 - 3 times a week and recommend it gladly to everyone because of the consistently positive experiences I made

### ***23. Nonmedical practitioner, female***

Since August 2003, I have been working with the Airnergy Professional Plus in practice and I would like to share my experience with you. Especially after endured operations, infections, particularly in older patients, the respiratory therapy is the ideal supplement to the naturopathic treatment, as patients recover much faster.

Here is another case with macular degeneration. Pat, year 30, in autumn 2004 after 10 sessions with Airnergy machine and Stream for the eyes, the visual performance increased from 30 % to 50%. Orthomol Vision capsules have been taken also and a series of Vitorgang preparations injected (by the treating ophthalmologist). The success adheres until today and in the autumn 10 x Airnergy and Stream sessions for stabilization.

The second case is a chronic hepatitis. Patient, year 54, 10 x Airnergy and Stream for the liver, plus wheals with hepar comp. After treatment significant improvement in liver values, as well as in general well-being. I use Airnergy for myself almost regularly and feel fit with my 65 year, fit as a fiddle.

### ***24. Prof. Dr., internal medicine specialist and naturopathy***

Practical application of the Airnergy process

#### **Introduction:**

The atmospheric air we inhale is a gas mixture consisting essentially of nitrogen (79%) and oxygen (21%). The gases are dissolved in liquid in the lungs, the concentration of the gases being dependent on the partial pressure. The maximum oxygen intake is a measure of physical performance. The oxygen requirement is strongly dependent on the activity or on disease of the human being. At rest the oxygen supply is at 20 liters per hour.

In the case of diseases, an accumulation of oxygen metabolism (for example carbon dioxide) in the cells frequently arise and an impoverishment of energy-producing substances is often observed. The optimal therapy is to rebuild the energy supplies in order to achieve an energetic supercompensation. The Airnergy process produces a special energetically activated form of oxygen required

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for life (oxygen in the excited singlet state  $1O_2$  with paired valence electrons with antiparallel spin in contrast to the basic state of the molecular oxygen in triplet state  $3O_2$  with two unpaired valence electrons with parallel-directed spins). This energetically reactive oxygen form is extremely short-lived and harmless for humans unlike to ozone. Active singlet oxygen effects the destruction of existing mold fungus spores and can also be used in the fight against various bacterial species.

### Method of application study:

In an application study with the Airnergy procedure, the experiences in my practice were collected of 48 patients about effects and side effects. The patient breathes via an oxygen nasal cannula the air which has been conditioned by the Airnergy machine in the energetic singlet state by means of a luminescence method for 20 up to 30 min. The energy of the highly active singlet-oxygen state is released to the water molecules which are present in the air and will be inhaled. At least ten treatments were carried out within 14 days. The singlet oxygen therapy reduces cell damage by reducing free radicals and the optimized oxygen utilization increases cell energy production and the immune stimulating effect. The oxidative stress, caused by free radicals, produces a premature aging and an worsening of chronic diseases.

### Results:

The results show that the people who suffer from hypertension ( $n = 11$ ) the blood pressure values normalized after 10 times Airnergy application with unchanged medication and this improvement persisted up to four months.

For 6 people who suffer from hypertension ( $n = 7$ ) a normalization occurred (systolic above 100 mmHg, diastolic over 60 mmHg). The effect can be explained by the energy of the singlet oxygen, which can significantly increase the muscular circulation.

The nervous system has the highest oxygen sensitivity of all organs. Due to use of the Airnergy procedure, especially patients suffering from general mental and nervous diseases get the most out of this effect. Insomnia (trouble to fall asleep and sleep through the night) has been improved for all patients and a mental improvement was achieved. This effect is particularly evident in patients with apoplexy and paresis, as well as in patients with cerebral hemorrhage.

One of the most convincing experiences with the application of the Airnergy procedure could be made for patients with dyspnoea in cardiac insufficiency (NYHA II-IV) with hypoxia at reduced oxygen partial pressure, as well as with patients ( $n = 6$ ) with reduced oxygen saturation (about 90 to 95%) such as metastasizing bronchial carcinoma, pulmonary metastasis and bronchial asthma.

### Summary:

To sum up, it can be stated that the simple application of the Airnergy procedure is an enrichment in therapy for patients with acute and chronic diseases. There were no side effects at all. The conducted application study showed only positive results and experiences for patients with acute and chronic diseases.

These prospective therapy results should be scientifically and statistically supported by prospective studies.

### 25. Nonmedical Practitioner (male), Naturopathy Practice

In my practice, the Airnergy Professional is mainly used for several indicative fields.

## **1. Geriatrics:**

To brighten cerebral residual functions and to increase of the general well-being. Particularly geriatric patients often suffer from fatigue, exhaustion and an increasing decline in performance, both physically and mentally. At high percentage it can then be assumed by hypoxic conditions in the brain and the entire cellular supply. A multiple oxygen application in combination with a good magnetic field machine can work true miracles. The O<sub>2</sub> supply in tissue increases sudden and the vital energy increases significantly. Other therapeutic measures, which were previously restricted or not effective at all, are working again as expected. Often there is a clear reduction in medication and other therapeutic measures. The quality of life of these people enjoys a significant increase and makes life worth living again.

## **2. Infections:**

In cases of severe bacterial or viral infection one treatment is often sufficient to get the patient out of its energetic deep. The very next day, a clear improvement of the general well-being can be observed. These patients often have 5 up to 7 days a severe feeling of illness and then they would not be able to work. An additional medication (zinc, vitamin c, possibly selenium) improves the health condition quickly.

### **Case studies**

#### **1.) patient male, age 71**

Complaints: fatigue, exhaustion, severe breathing problems which increase with minor stresses. In this case, a blue-red discoloration of face occurs.

Diagnosis: bronchial asthma and heart failure

Therapy: 10 times Airnergy treatment with Unitron magnetic field mat

Course: after the first two treatments a significant improvement has been happened hourly, which stopped next day already. From the third treatment the therapeutic effect lasted longer. From the 7th treatment there was a level that continued and even bicycling was possible again. The puffiness and the blue-red face color disappeared almost completely. A final Vegacheck measurement showed an increase in vitality from (initially) 20% to 60%. At certain intervals individual treatments are now carried on.

#### **2.) patient, male, 19 years**

Complaints: strong exhaustion with elevated temperature

Diagnosis: retrovirus infection

Therapy: i.m. injection with Echinacea Complex and Eukalsian, twice Airnergy treatment

Course: this virus infection has been treated for the third time in the last two years. During the first two treatment sessions, a 4 day bed rest was required.

The patient was not able to get up. The third time the Airnergy device was used for the first time. The O<sub>2</sub> dose resulted a sudden improvement the first day. The patient was able to join the school again and there was no need to keep a bed rest.

As you know, I took three machines within a fairly short time, for reasons of a significant therapy improvement. This therapeutic procedure is an integral part of my practice.

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### *26. Psychotherapist*

"That was so exhausted today". I feel quite weary and empty - I heard these sentences in the evening of the first day of a trainer education for multimodal stress management by a psychologist whose grandfather I could be at the age 63. At the end of the last day of this one-week seminar, I still felt as fresh and powerful as I did at the beginning of the first day - in contrast to this young lady - and then a stealthy joy came up.

Since half a year, my wife and I now are breathing with Airnergy, and only through the direct comparison in situations like described, we do notice a significant increase in our efficiency. This was especially noticeable when we were curious, if there would be a difference for a period of about three weeks to waive on the breathing with Airnergy. The ability to concentrate, well-being, and day-to-day energy decreased significantly and returned as considerable as the regular breathing with Airnergy resumed. A common discussion at most people whose partnership lost the charm of new things is snoring. The snoring of the partner. Snoring is one of many causes for unrestorative sleep and may lead to considerable impairments not only for the partnership but also for the health. From the environment of the snoring 'part' in our relationship is credibly made the insurance that since the use of Airnergy no longer cause the nightly serenity.

From the environment of the snoring part in our relationship is credibly mingled that since the use of airnergy this snoring scarcely still or at least not long as often as before disturbed the nightly disturbance or at least not so frequent any more.

### *27. Professor, naturopathy practice, biomedical private practice*

Application and experience report with Airnergy Plus

Today we would like to give you a small overview of our fields of application and the experiences we have gained so far. We have been using your Airnergy system since the beginning of the year in our naturopathy practice, every day and manifold, as an important basic therapy. In general we can converse about a good patient acceptance and even partly about a spontaneous feedback of subjective perceived improvement of symptoms or general well-being, etc.

Of course, all necessary medical measures will be applied, but empirical with less intensive application and better objective results, if the Airnergy system provide groundwork. The fields in our practice – as I said – are widely diversified, such as:

- Allergies / pollinosis / histaminosis
- Angina pectoris / coronary stenoses and hypoxia (especially after bypass surgery)
- Asthma bronchiale, asthma cardiale, asthma spastic and allergic asthma
- Eye diseases such as glaucoma, conjunctivitis (chronic, acute, relapsed)
- Borreliosis with appropriate attendant symptoms, diseases
- Bronchitis - acute / chronic / spastic / obstructive / relapsed
- CFS - chronic fatigue syndrome, adynamia
- Intestinal dysbiosis / fermenting and putrefying dyspepsia or dysbacteria
- Depression / neurathenia / phobia
- Circulatory disorders, central / peripheral / cerebral / coronary / diabetic, AVK, ulcus cruris venosum
- Inflammation in general - chronically persistent



- Flu prophylactic and cold prophylaxis and therapy
- Hepatopathy / fatty liver / hypercholesterolaemia, cholecystopathy and dyskinesia
- Latent postinfective myocardial failure with hypoxia / hypoxidosi
- Migraine / cephalgias of different genesis
- Neurodermatitis - atopic eczema
- Convalescence - delayed, with exhaustion / adynamia
- Restless legs
- Pain syndromes, general
- Sinusitis frontalis et maxillaris, chronic / acute

We hope that we have been able to provide you a first overview of our fields of application and we wish to express our satisfaction with the effectiveness of your Airnergy system. We believe a much larger list of indications can be created in the course of time and will continue to report.

## *28. Practice for biophysical medicine*

Patient observation

Mrs T. G., date of birth: April, 1947

Diagnosis:

Vitreous detachment and determination of the macula scar liaison. On medical leave because working as technical draftsman not possible at the monitor workplace.

Other requirements:

Operation with satisfaction (peeling) of the scar, increase of vision

From 20 to 30 %. Cataract after operation.

2. Operation, improvement of vision from 30 % to - after some time - 60%. A good result, but achieved by SMT. 2 years without further success. Then use of molar oxygen, Airnergy Professional Plus, 15 min per day and the eyesight has improved to 80%. Incredible.

## *29. Dentist, center for implantology*

Scientific results:

As already indicated in our last discussion, the empirically determined highly positive mechanisms of effects of the Airnergy therapy within the scope of preoperative and postoperative treatment measures have caused me to investigate the cell-systemic processes

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more closely. To this purpose, a randomized study was launched based on the measurement technology energy distribution curves on the twelve main meridians of human and the heart rate variability (HRV). The latter - scientifically inviolable - gives exact information about the condition of the autonomous (vegetative) nervous system. At this point, the basic functions of human life, particularly breathing, metabolism, cardiovascular system, digestion, hormone / immune system are controlled independently of the consciousness and will of an individual.

In particular the cardiovascular system, is a highly sensitive indicator for the cell energetic utilization of energy carriers and thus for the assessment of the functional capacity of the whole organism of extremely significance. Due to the age, the environment and disease, the efficiency of cell energy systems (mitochondria) radically decreases to cell disruption. This is a physiological process that defines aging, disease and finally death.

The circumstances of aging / disease are documented unequivocal with the help of the HRV, which leads to therapeutic approaches of enzymatic and metabolic, just medication. The aim of these measures is the cells oxygen utilization, the energy production and the intra- / extracellular antioxidant capacity to restore physiologically. The reaction time required for this is relatively high, depending on the nature and extent of disturbance. It is usually at least 2 up to 3 months. The use of Airnergy therapy reduces this reaction time extremely short - as measured by HRV measurements, verifiable immediately after only one breathing (see HRV diagrams, annexes I and 2). This is happen due to the fact, that the cell energy supply is immediately optimized by the distribution of free energy valences is optimized immediately and thus the cell power (regeneration and / or renovation) is immediately applied as well. In the HRV-diagram the fact can be seen in that the heart rate (HR) decreases immediately, the adaptation coefficients SDNN and CV of the vegetative nervous system approach each other and the sympathicotonus (SI) decreases and the parasympathictonia (RMSSD) increases.

It is apparent from this principle, under the influence of distributed free energie valences the specific cell power will be optimized immediately after using the Airnergy therapy method.

Aging processes are hereby significantly slowed down, and regenerative processes are significantly accelerated. The HRV results correlate exactly with the results of invasive quantitative free radicals determined by the FORT principle (free oxygen radicals test) and the quantitative energy transport on the main meridians (see annexes 3 and 4). The measured values are almost incomprehensible, because such alteration parameters, medically supported, can be achieved after 3 - 4 months at the earliest (if at all).

However the result is a medical revolution — in every medical field, in pre- and post-operative phases, in oncological prevention and aftercare, in the fight against age and degeneration related diseases, of diseases of immune system and autoimmune diseases, only to mention some fields of application. Particularly the prevention of social-medically obsolete institutions such as open-plan offices, workshops, ultimately also for automobiles, airplanes, ships, in brief: all rooms in that ambient air will be used in any way to prepare the Airnergy therapy ensures a preventive high positive influence on national health.

By the way, the efficiency of high-performance athletes is increased significantly, as a physiological result of natural cell energy accumulation, so that the danger of drug doping can be eliminated certainly. This also applies to concentration sports (e. g. motor sports) with physical and mental stress by reduction of oxidative stress by means of physiological fixing of free radicals and optimisation of breathing chain phosphorylation. Even the age related degradation of this process necessary coenzyme Q10 is extensive irrelevant (Q10 for people at the age of 40 decreases in relation to 20 years between 10 — 30 % and at the age of over 50 %).

Against this background, I am ready to provide you with the results of my investigations in detail

### *30. Specialist in internal medicine (female), nephrology, somnologist, specialist in neurology, psychiatry*

In the course of the application study of Airnergy therapy, the 34 study participants showed no side effects. The therapy has been easy to apply, well tolerated. According to our experience in the use of Airnergy therapy, even our outpatient and inpatient patients which were prescribed an Airnergy therapy, a good acceptance and improvement of general well-being, improvement of sleep disorders and at local application with wound healing was demonstrated.

### *31. Rehabilitation Clinic, physiotherapy, medical training therapy, osteopathy*

Airnergy devices for application and use by our patients for outpatient and inpatient rehabilitation after injuries at the movement apparatus. As the focus of our work in rehabilitation is on sports injuries, Airnergy was mainly integrated in the following aspects and objectives in our complex therapies strategies beside physical therapies measures such as various variants of electrotherapy, ultrasound therapy, ultrasound therapy, laser therapy, cryotherapy and heat therapy.

- general and unspecific promotion / optimization of the immune system after injuries and operations;
- optimization of regeneration after intensive workloads during medical training;
- promoting / activating and optimizing the general metabolic status especially in the prevention of a chronic catabolic metabolism;
- improvement of the general well-being of the patients during their stay in our private clinic for sports and accident injuries.

The application of the Airnergy system is simple and safe for the patients and has been accepted by the patients overwhelmingly positive so far. Negative side effects were not described or complained by any patient. We will be happy to continue providing the Airnergy system to our patients in the future.

### *32. Physician for internal medicine, sports medicine, naturopathy*

„It seems almost miraculous,“ a patient told me with advanced M. Parkinson. „For years, I’ve been running from doctor to doctor, I’m also trying my luck with naturopathic therapists, without success, I become desperate increasing up to a start of depressive failure pose, and now, since application of Airnergy sleeping duration and sleep quality have been improved within a few weeks, the ability of concentration increase significantly according to objective criterias and the voice or voice volume has returned to normal. In the disease-related problem areas, there were no significant changes (stiffness, tremors, slowing), but the considerable neurobiological-psychological effects such as the sensation of happiness, Self-esteem, drive power, self-assertion, quality of life and joy in life can hardly be estimated high enough.

So the report of a person concerned, that could be supplemented by the experiences of other patients and dysfunctional people from most different areas and with the most different diseases pattern ... hard to believe! Curious about this new treatment method, I was still skeptical at first - after all, I have been working at universities with conventional medicine for 30 years .

Since this experience, two years ago, I have acquired an “Airnergy” machine to energize the inhaled air and apply the machine as often as possible, beginning with scientific curiosity, but now also from the growing realization that the whole body stimulation by Airnergy is effective prophylactical, therapeutical and rehabilitative. Allergic symptoms (hay fever) have hardly become noticeable in the past two years. Aching muscles after strenuous physical exercise (landscape running, bicycle tours, gardening) hardly occurs

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anymore. I have not suffered from energy deficit any more for a long time, even after 'short' nights. Even colds, if they still occur at all, get lost without the annoying headache. I'm lucky I do not have proven diseases that might be having improved by the application of Airnergy, but prevention is also important ....

Good experiences I have made especially with combination of other natural healing procedures, so drinking of the energized water, which is obtained by the Airnergy method as a "by-product", but also magnetic field therapy, physical exertion (running, cycling, gymnastics).

Airnergy is obviously effective! Scientific findings from numerous countries confirm this method, over a million applications annually in Germany are a clear indication.

In my considered opinion to the efficiency, the basis for all the chronic diseases are certain functional disturbances of a general nature, which affect the whole organism. Breaking out of diseases can be localised at the weakest link, for instance cardiovascular, liver, joints, etc. In case of a single treatment of each diseased organ the prospect of recovery is not very high; only after renovation of milieu a healing process will take place. This effect is caused by many naturopathic treatments, for example the energizing stimulation of breathing air by "Airnergy". This new basic therapy for almost all chronic diseases, especially those ones that associate with an energy deficit, gets growing recognition even at traditional medicine circles – as a supplement, for pre- and post-treatment, for compensation of unwanted side effects at interventional measures and, above all, for supporting of conventional methods. In recent years, many people have already benefited, and many more will come along in future.

### *33. Nonmedical practitioner (female) in gym and in practice*

I use Airnergy for myself (as well as in the former gym for my customers) for more than 5 years. My first experience was of such extraordinary well-being and energy boost that I ordered the first device directly after the trial application.

In the studio/gym business, my former fitness customers came to appreciate the applications during their endurance workout. Today I am working as a nonmedical practitioner and I use Airnergy mainly to support the acid elimination in bases cures /alkaline therapies) and vacuum applications.

Good results can be seen particularly at stress and burnout, lack of drive, insomnia, hay fever and allergies - and to strengthen the body's general defense. The unpleasant cold - if in case the cold ever gets break through at all - is no longer so strong and is well survived.

An asthmatic experienced new energy in her tennis game - with over 60 years - where she got better oxygen and got more and more fit.

Beside the Airnergy Spirovital therapy my father is using the Stream as well for tensions and back-shoulder pain. Even with his painful foot, he always feels significant improvement directly after the Stream application.

I can only repeat: Airnergy should be used by everyone - not only when the aches come, but prophylactically - for a healthier and more vital life!

Greetings and many thanks for this gift of nature!



### *34. Nonmedical practitioner (male) practice specializing in age-related macular degeneration*

The most common cause of loss of central vision and age blindness is the AMD in industrialized countries. Meanwhile there are 3 million sufferers in Germany. So, we might even call it a widespread disease. In the development of the AMD, the cells of the macula degenerate. It is the 'yellow point' in the retina, which is about 1.5 mm in diameter. There, the visual impression are projected dundled via the lens and reflected to the optic nerve. I myself came down with an AMD. On the right hand side I got a moist one and a dry form on the left hand side. Due to my own experience, I have developed my own therapy with my daughter. We assume that the AMD has a deeply rooted cause. This cause is to be diagnosed and to be treated. My daughter is a qualified cluster therapist, a biological holistic therapy. This includes an accurate analysis to determine the cause of the disease. A specific therapy with the appropriate drugs will be carried out then. The second part of therapy consists of a head acupuncture, which I developed by myself, a treatment with her Airnergy Professional machine and an irradiation of the eyes with her 'Stream' machine. Using the machine 10 times within 2 weeks of intensive treatment. During this time, 30 acupuncture treatments are performed.

We have both machines in use for eight months. The time is relatively short for a final assessment, but I would still like to give you an interim report. For one patient we could manage that a wet form form became a dry one. Many patients report on a visual improvement during the acupuncture treatment and Airnergy treatment phase, these successes have become more frequent. We let them previously inhaled ionized oxygen .

### *35. Dr. med., Specialist in general medicine, naturopath , sports medicine*

I hereby would like to present to you a report on my experience with the new Airnergy therapy used in my practice from a rather unusual view. After intensive studies of the Airnergy method, I decided four months ago to this method to my patients in my practice. Since I have had experiences in the field of various oxygen applications use in therapeutic everyday life for 18 years, I quickly realized a method has been found that the fundamental idea of using oxygen as a remedy and for increasing performances in an effective therapy.

For me, it's less the question the question whether the effect of Airnergy keeps the promises, but rather whether my patients accept this self-payment offer to a sufficient extent. In addition to the therapeutic aspect, the economic efficiency must always be respected which is becoming increasingly important for me as well as for my practicing colleagues.

I offer Airnergy to my patients at a price of 120.00 Euros for 10 sessions. After a short time, not only patients took up the new offer using this therapy and I recommended this therapy for supplement and optimizing their measures. As I have arranged the machine well visible in my practice, other patients have asked me what is it and how they can use this therapy as well.

At present I can currently record an average utilization rate of 6 patients per practice day. If I include that the monthly finance charges and consumables like air filter and nasal cannulas do not reach more than Euro 200.00, and the total handling can be done without any additional costs by the already existing professionals (staff), I realize that I have made a good decisio. In addition to the good effect of this breathing therapy, it is of course essential for such a success, that all of us, myself, and the team in my practice have to pay a close attention to the chances for using Airnergy and how to offer this therapy to our patients.

The method is easy to learn, expands the horizon of my employees same time and they have fun with it. I would like to wish you all the best along your way for satisfied customers and their benefits.

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### *36. Nonmedical practitioner, own practice*

I would like to give you my surprising experiences with two asthmatics.

Patient Report No. 1:

Mrs. Julia D, from D., age 21, apprentice

Diagnosis: asthma, hay fever, various allergies

Start of therapy: 04.2004

THERAPY: the patient did not responde to a drug therapy. When then the hay fever began, the patient complained about massive shortness of breath. As I wanted to take care of her finances, we arranged a series of sessions for free with Airnergy Professional, once a week for an indefinite period. Already after the first session, the young woman said she could breathe better and feel "somehow different".

She was skeptical, of course, and thought the trouble could also happened by a weather chance. After the second session, she was free from hay fever and had no other asthma attack. Since then she only came in sporadically, when she got the feeling 'she has to do something for herself'. Sometimes I do not see her for three or four weeks. Over this long period, everything is stable and no requirement for treatment. There have been no asthma attacks, nor she has had hay fever again. So far, only five sessions have been held!

Patient Report No. 2:

Mr. Haus G., age 60

Diagnosis: asthma, diabetes

Comment: Mrs. H was treated in my practice because of macular degeneration. Her husband, Mr. H., told me, that he had to suffer from asthma and "daily to spray". He also reported on a strong increase in blood glucose, especially in the morning, the glucose/sugar was around 250. While his wife was under an acupuncture treatment, I offered him a free session with the Airnergy Professional. Then from this day we made two sessions with an hour distance. On the next morning, Mr H. reported that he had a sugar value of 150. In addition, he would not have had to spray his drug since that day,. On that date I offered him two other Airnergy sessions and he gladly accepted. Four weeks later we telephoned. Mr. H. told me that he had not suffered from asthma in the last four weeks. In addition, its blood glucose had stabilized. The sugar would not fluctuate so much, but would be stable at much lower levels than before.

Finally, I would like to emphasize that the therapy exclusively of Airnergy treatments for both patients without any drug support. Today, I use Airnergy for almost every patient accompanying my therapy, and I am always amazed by the rapid success.

I hope you can use these two reports for yourself and we remain with kind regards ....

### *37. Accident Clinic, Department of Plastic Surgery, Hand and Burning Surgery*

Through contact with you I have discovered the machine for singulett-oxygen therapy three months ago. In individual applications over a period of up to 2 months, we were able to convince ourselves that the existing microhaematuria of a patient decreased significantly to a value of zero after the application of the machine for 1 month.

The symptoms of pain of a carpal tunnel syndrome were also declining after 6-week application of a patient.

The application possibilities of this machine have aroused my interest in such a way that it seems to me sensible to organize a larger experimental study in my special field for plastic, hand and burning surgery.

### *38. Nonmedical practitioner, special field, age-related macular degeneration*

#### Patient report

I would like to present my experiences I made with two patients in a few words. I mean, these descriptions will be of interest to you.

Patient: Lydia S. from S.

Diagnosis: progressive visual reduction in the case of macular degeneration, additionally the patient is dependent on a hearing aid for hearing impairment. At the beginning of the therapy, the patient has constantly phlegm, the nasal sinuses are constantly blocked according to her specifications.

Traditional medical therapy for macular degeneration:

Photodynamic therapy (PDT) on one eye. In the beginning of the DPT 17% vision on the eye, after the PDT below 1 per cent, that means immediate loss of vision after the PDT. Reading impossible. Patient only sees contours with the treated eye. Even with the remaining good eye no reading possible, etc. Faces can not be recognized.

First contact and start of naturopathic eye therapy: 15th April, 2004

Therapy unit: 28 acupuncture on a total of 7 days (4 ac's daily)

7 sessions Airnergy Professional (once a day)

7 sessions Craniosacral osteopathy (once a day)

Discharge of toxic substances by complex homeopathic drugs

Patient status on April 23rd, 2004:

Patient reports satisfied that she can recognize faces again. The contour vision has improved, the facial features come back. Occasionally it is even possible to read license plates from a distance of two meters. It is astonishing in this context that the patient, although an eye therapy has been made, she could waive the hearing aids. In addition, the sputum has decreased, the patient reports that the nasal sinuses are more free and she can breathe better.

The further course of the therapy remains to be seen. The patient is still supported with homeopathic remedies from a distance. According to experience, the greatest changes in vision do not occur until the next three months after therapy. As the patient already reported during the therapy, after three days, spontaneously from improvements of the vision, I assume that the application of the Airnergy Professional worked as a catalyst in the therapy and the reaction to the eye acupuncture as well as the osteopathic treatments and the drugs significantly supported.

A similar experience I made with a second patient, which I additionally treated with Airnergy.

## RÉSUMÉS FROM MEDICAL PRACTISE

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Enclosed the summary:

Patient: Mrs Anna Maria L. from M.

Diagnosis: progressive visual reduction in the case of macular degeneration, the patient does not know if it is a wet or dry form of macular degeneration, the left eye has seen wavy lines for the last years and its getting worse over the last few months, the vision declines very quickly.

Conventional medical therapy:

Until now no conventional medical therapy has been made, the patient reported that she had been informed by the treating ophthalmologist no therapy was possible.

First contact and start of naturopathic therapy: 20th April, 2004

Therapy content: 32 acupuncture for a total of 8 days (4 ac's daily)

8 sessions with Airnergy Professional (once a day)

8 sessions with Craniosacral osteopathy (once a day)

Discharge of toxic substances by complex homeopathic drugs

Patient status on April 29th, 2004:

Already after four days, the patient reports that she has the feeling, the hitherto worse eye could see better. This morning (29th of April 2004), the lady (even speechless and amazed) that the waves, which she had seen on the left eye for years, had reverted to great proportions the previous night. In peripheral areas the waves are still visible, which are not affecting because of the peripheral location. Tomorrow on 30th April 2004 is the last therapy day. Similar to the patient described above, the therapy is still supported by homoeopathic means from a distance.

In summary, I would like to say that the application of your Airnergy machine and it seems to be working like a catalyst in the therapy. It takes time until such serious changes as described above occur (e. g, reduction of wave lines) as a consequence of an eye acupuncture if these changes take place at all.

Which individual component therapy had the greatest influence on the success of the eye treatment can not be ascertained afterwards, but the success occurred more quickly than usual is undisputed.

I hope, the patient cases were of your interest and remain with kind regards

### *39. Dr. med. C. B., Great Britain, M E / Myalgic Encephalomyelitis, eyesight*

Just a short note to say how fantastic I think the Airnergy+ Device is. As you know, I was first diagnosed with M.E. when I was 8 years old, and although I've had periods of good health since then, over the past 3 years I have been very unwell, unable to work as a hospital doctor and have been bed-bound for significant periods. Like many people with M.E I have tried numerous different approaches to treatment and spent hundreds of pounds in the process. Although the Airnergy device seemed like a lot of money in one go, it is definitely the best money I have spent since becoming ill. I have been using it daily for 3 weeks now and feel better than

I have done in years. My pain levels have greatly reduced, my energy levels are significantly improved, my brain-fog has virtually disappeared (and prior to this I was often unable to hold a sensible conversation) and my vision has never been clearer (in fact my optician says my eyesight in my left eye has actually improved; the first time in nearly 20 years). Although I still have a long way to go to leading the „normal“ life I hope to achieve, I feel a new hope that this may actually be possible. Of course I still feel worse after „doing too much“, but these periods are not nearly as catastrophic as previously. To tell you the truth, if I wasn't experiencing this myself, I'm not sure I'd believe the dramatic effects the machine has had, but I have experienced it, and I have no doubt that its effects are very real.

Thank you for your advice regarding the machine and your support in getting this far. I hope someday that everyone with M.E. will have access Airnergy. Dr. C. B.

#### *40. Dr. med. R. S., Great Britain, (retired panel doctor) COPD*

As a long term sufferer of COPD, and after a winter of several chest infections / bronchopneumonia, my wife was getting fed up with me using her asthma inhalers. Therefore I researched and discovered AIRNERGY.

Within days of starting my breathing has improved enormously. Hills which I used to avoid when dog walking are now climbed, and the hill that I used to walk up on our cycle ride is not only pedalled, but I can unusually now beat my wife.

For me this has been a life changing experience, and I look forward to seeing how I manage next winter.

You have my complete recommendation. Dr. R.S.

#### *41. Medical Offices Center, Dr. S. B., Specialist for general medicine*

Since October 2009, we have been using Airnergy Therpaie with great success. Especially for some indications such as: COPD improvement of the pulmonary function, diabetes mellitus, reduction of the blood glucose and stabilization of the metabolism, fibromyalgia - relief of pain, sleep disorders/insomnia and of course stress-induced psychovegetative disorders is the use of the Airnergy therapy able to improve the symptoms significantly without side effects and in relation to other therapies.

That's why we can recommend the Airnergy therapy unreserved. Dr. S. B.

#### *42. Bioenergetic Office, Mr. R. W. and Mrs. U. B.*

Airnergy for children and pregnant women

Dear Airnergy Team,

Today, as promised, now we want to give you some of our experiences with the Airnergy technology in our office/practices, especially for children and pregnant women.

I, U. B., work with Compens (R) as bioenergetic and curative practitioner and manage three bioenergetic practice/offices in Wismar, Schwedt and Leipzig, each with an integrated Airnergy Breathing Air Lounge.

## RÉSUMÉS FROM MEDICAL PRACTISE

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The following is a brief overview of the development of children who have been regularly treated with Airnergy technology.

First a little boy with a pseudo croup. According to the doctor, this boy was treated first with strong medicines and then the boy should regularly take an asthma drug. At that time, the boy was just a year and three months of age. As the parents refused this, he then was treated in our office with high-quality aromatic oils of therapeutic efficacy and with a 14-day Airnergy cure, 2 times a day for 15 min (50% intensity) and since then he is breathing with Airnergy at regular intervals.

He is now two and a half years old and he knows already exactly how to start the Airnergy machine and how to use the nasal cannula correctly. Now, this boy is healthy and even without drugs and without vaccinations. No matter what illnesses occur in the daycare center, other adults and the kids 'stay well clear of' this boy.

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Next, a little girl almost four years old. For the last two years, she has been taking her mother to our breathing air lounge, about fortnightly (15 min, 50% intensity). She (the little girl) is already able to operate the entire Airnergy machine, she is never ill and she can always sleep well and she has a very high capacity.

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Another little girl, five years old. It has been noted a visual impairment on both eyes with a curvature. She has been in regular bioenergetic treatment for two years and regularly requires to breathe with Airnergy. The curvature has already been almost rectified and the vision has improved by 1 diopters on the right and by 1.25 diopters on the left.

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Two other little girls with the age of seven and nine. The nine-year-old girl as observed an increased learning disability and the seven-year-old one a dyscalculia has been detected (impairment of the arithmetical discussions, innumeracy, weakness of the arithmetic). After regular breathing with Airnergy the stress factor has decreased for both, the brain capacity has improved for both and the school performance has developed very positive, according to their parents. The family has got now an own Airnergy machine.

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Finally, I can still report from two boys, at the age of 14 and 16. Both were able to overcome their stress at school and exam stress by regular breathing with Airnergy and thus achieved good and very good performances in the examinations. Both continue to breathe regularly in our breathing air lounge.

Enclosed, there is also few testimonials from pregnant women who were given their desire for having children by our treatments and, thanks to the regular breathing with Airnergy technology, they had a very harmonious pregnancy and birth.

In a retroactive view, we are very satisfied with the results in our breathing air lounges in our practice.

We hope that these reports will contribute a little bit to a wider spread of Airnergy technology. Most of all, to give the pregnant women the courage to use the "Airnergy air", in spite or because of their pregnancy



*43. Dr. med. A. B., naturopathy specialist and reports to us by telephone, interview transcript:*

He has been working with oxygen therapies since he became practitioner, for about 5 - 6 years with Airnergy. Initially and to this day also with the ozon therapie.

He is using Airnergy for the following moments / aims:

1. Regeneration, for exhaustion.
2. Cancer therapy in combination with infusion therapy and vitamins, minerals, dextrorotatory lactic acid.

The patients inhale and at the same time they get the infusion with vitamins, minerals and dextrorotatory lactic acid.

Usually after chemotherapy, when the patients are usually very exhausted.

Example: at present there is one patient (female) is in his practice/office for 8 - 10 days.

In case the patients can no more treated curative, he would like to enable these patients a higher quality in life by Airnergy in this difficult stage of life.

3. Migraine

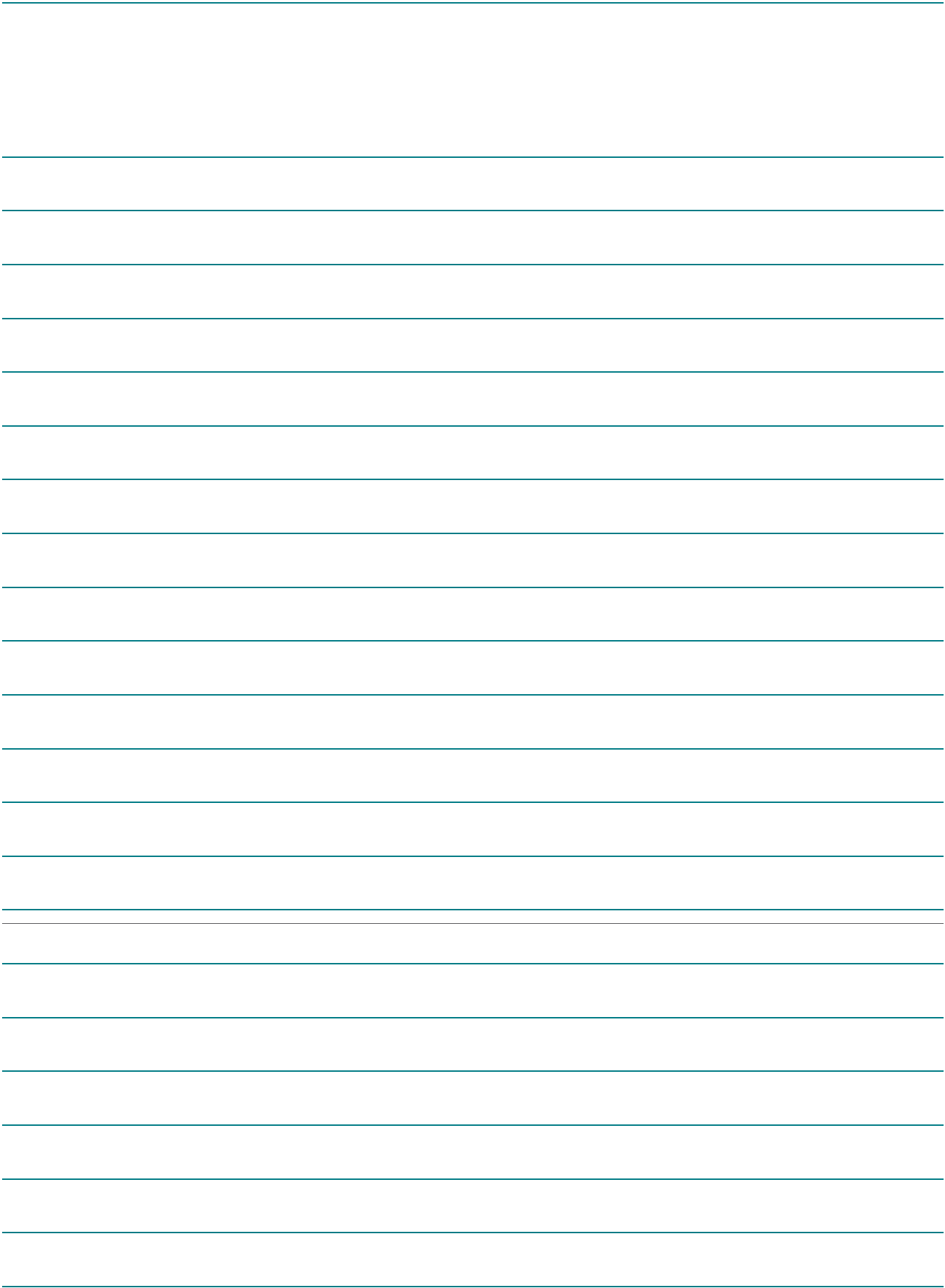
4. rheumatic complaints

Always important to him in case of these diseases:

- change nutrition (reducing gluten, protein products)
- substitution built upon (minerals, etc.)
- rebuilding rhythm of life
- if necessary, acupuncture and kinesiology.

## Notes

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